

Christu Jyothi Convent sr.sec.school

Lesson 6 Set your goals

Answer the following questions.

1. Why do we fail to achieve what we want?

Ans. We fail to achieve what we want since we do not have any set goals.

2. Why is setting goals so important?

Ans. Setting goals is necessary so as to have something to aim for. Setting goals can give meaning to life and help us to achieve much more.

3. Why do people get frustrated?

Ans. People get frustrated because most people do not know what they want in life. They just keep trusting in the dark.

4. What are goals?

Ans. A goal is an idea of the future or desired result that a person plan and commit to achieve.

5. What should be kept in mind while fixing goals?

Ans. We should consider various possibilities and different aspects before fixing our goals. We should know our abilities, attitudes and resources. We must also be aware of our strengths and weakness before deciding our goals.

Write T for true and F for false.

1. It is necessary to have many goals.F

2. Nothing is possible without setting goals.T

3. Nobody knows what he wants in life.T

4. If goals are fixed, success can be achieved.T

5. Our goal must be set very high.F